

2nd QUARTER IN-SERVICE TEST

1. **You are visiting a client and during bathing assistance notice dark bruise marks on the forearms. *What should you do?***
 - a) Scold them for being so clumsy.
 - b) Question them on what happened and promise not to tell anyone.
 - c) Report your suspicions to Adult Protective Services and supervisor.
2. **The client requested to assist him with his medication. As a Home Care Aide, which medication assistance is your responsibility?**
 - a) Determine the dosage of cough medicine to be given.
 - b) Draw up necessary units of insulin into a syringe.
 - c) Read the instructions on the medication bottle for the client and help open it for them.
 - d) Break a pill in half that is not scored.
3. **You are visiting a regular client and noted change(s) that should be report to the supervisor immediately. Which should be reported immediately? Select all that apply.**
 - a) Client appears more confused and weaker than usual.
 - b) Client appears more isolated and withdrawn than usual.
 - c) Client is very excited and states “I have some great news to share with you!”
 - d) During assistance with shower, you noted new unexplained bruises on arms and back.
4. **A form of restraint and seclusion of a client include all of the following, EXCEPT:**
 - a) Holding down a person in bed or a wheelchair using a belt or chains.
 - b) Having a “baby gate” at top of the stairs due to safety reasons for a client with dementia.
 - c) Keeping a person in their room with a door open, but the person is not allowed to leave.
5. **If you suspect abuse, neglect or observe seclusion and restraint in the household – report it immediately to your supervisor and Adult Protective Services.**

True or False
6. **You are carrying for your client at their home and received a notification on your smartphone from local authorities to evacuate to a safe area due to a tornado. *You should:***
 - a) Refuse to leave. Most “emergencies” don’t turn out to be a big deal.
 - b) Wait to see if the situation worsened, then decide.
 - c) Follow the advice of local authorities to ensure you and your client is safe.
 - d) Call your neighbor and see what she thinks you should do.
7. **A client suddenly complains of severe pain in the chest that radiates down the arm. The client is sweating heavily. *The HCA should:***
 - a) Call 911 immediately. Notify supervisor once ambulance arrives.
 - b) Massage the patient’s chest and apply warm compress to arm and chest.
 - c) Place the patient in a side lying position.
8. **When assisting a client to transfer from a wheelchair to bed, *you should:***
 - a) Bend at the waist.
 - b) Bend at the knees.
 - c) Always use a mechanical lift.
9. **If a resident has a weekend arm due to a stroke, when dressing *you should:***
 - a) Put the sleeve on the strong side first.
 - b) Put the sleeve on the weak side first.

2nd QUARTER IN-SERVICE TEST

10. A client is bedbound. In order to move the client from bed to a chair a mechanical Hoyer lift is needed. As a caregiver at European Services, you can do the following:

- a) Use the Hoyer lift on your own to transfer the client.
- b) Assist a family member in using the Hoyer lift.
- c) Refused to use the Hoyer lift as improper use by may result in injury and/or death.

11. When assisting with dressing, the caregiver can apply support stockings if they do not require a physician prescription.

True or False

12. Your client uses a nasal canula to breath oxygen at home. You can do all of the following, EXCEPT:

- a) Adjust the oxygen concentration delivered to client as per their request.
- b) Ensure wires are tucked away to prevent tripping or falling.
- c) Adjust the nasal canula (take it off and put it back on) when performing hygiene care during shower.

13. An elderly male client is occasionally incontinent. What should the HCA do?

- a) Give him fluids with meals only.
- b) Put him in diapers.
- c) Encourage him to go to the bathroom at least every two hours.

14. The HCA should respect the religious beliefs and practices of a client even if different from their own. Which of these guidelines is appropriate?

- a) Client's rights to religious beliefs should be treated with respect at all times.
- b) Client should be told not to discuss their beliefs as they are wrong.
- c) Caregiver should pretend to have the same beliefs that client has.

15. What is the definition of person-centered care?

- a) Providing care that is respectful of and responsive to individual preferences, needs and values.
- b) Care centered around the disability and illness.
- c) Family delegates what care is to be given to the client who is able to verbalize own needs.

16. Your client does not wear her dentures when she sleeps. How should the dentures be stored?

- a) In a denture cup covered with water or denture solutions.
- b) Wrapped in a gauze pad under the mattress.
- c) Wrapped in a wet washcloth.

17. Your client has refused assistance with bathing for the last three weeks. How do you react?

- a) Explain that it is on the Service Plan and they are required to have bathing.
- b) Sign off as though you have helped them complete the bathing task, because they seem clean enough to you.
- c) Encourage them to let you assist with this task. If they still refuse, make sure it is documented and speak with your supervisor.

18. The number one way to prevent the spread of infection is proper hand hygiene.

True or False